

HORSEBACK RIDING SKILLS

153 Skills	Aspects
HALTER SKILLS, LEADING AND MOUNTING 11 Skills	<ul style="list-style-type: none"> ○ Leading a horse properly, confidently and safely ○ Grooming with Each Brush: 1) Curry Comb, 2) Shedding Brush, 3) Hard Brush, 4) Soft Brush, 5) Hoof Pick, 6) Sweat Scraper, 7) Mane and Tail Comb ○○ Leading a horse at a 1) walk and 2) trot through patterns and obstacles ○ Backing a Horse in a straight line from the ground ○○○ Mounting independently from a mounting block, 2) a leg up, 3) the ground ○○○ Groundwork: 1) Yo-yo game, 2) Carrot stretches and 3) Lunging a horse
WALK 26 Skills	<ul style="list-style-type: none"> ○○○ Proper riding position for 1) legs, 2) hands and 3) body ○ Balance on a horse and balance games, including “around-the-world” ○○○ 1) Starting and 2) halting a horse 3) half-halts ○○○ Maintaining speed at walk using 1) hands, 2) legs & 3) seat/weight ○○○ Steering and supporting a horse at the walk using 1) hands, 2) legs and 3) seat/weight ○ Bending a horse through the spine, ○ Cueing horse to relax and lift through the back ○○ 1) Extension and 2) Collection at the Walk ○ Backing a horse from the saddle ○○ Navigating 1) patterns and 2) arena obstacles ○○ 1) Walking without stirrups, 2) Walking bareback ○○ Turn on the forehand 1) un-mounted and 2) mounted ○○ Turn on the haunches 1) un-mounted and 2) mounted
EMERGENCY SKILLS 16 Skills	<ul style="list-style-type: none"> ○ Retrieving stirrups ○○○ One rein halt at the 1) walk, 2) trot and 3) canter ○ Emergency dismounts ○○ 1) Tightening girth and 2) adjusting stirrups from the saddle ○○○ Ponying another horse 1) with and 2) without rider 3) on trail ○○○ Vet Care: 1) Identifying Lameness, 2) Wound Dressing, 3) Leg Wraps ○○○ Farrier Care: 1) Soaking Abscesses, 2) Pulling Shoes, 3) Rasping Flares
TRAIL RIDING ETIQUETTE 4 Skills	<ul style="list-style-type: none"> ○ Maintaining distance from other horses ○ Not allowing horses to eat or become distracted ○ Navigating obstacles on trail ○ Pass other horses on trail
TROT 19 Skills	<ul style="list-style-type: none"> ○ Walk-to-Trot Transitions ○○○ Maintaining speed at trot using 1) hands, 2) legs & 3) seat/weight ○○○ Steering and supporting a horse at the trot using 1) hands, 2) legs and 3) seat/weight ○ Identifying Diagonals ○○ 1) Sitting the trot and 2) Posting the trot ○○ 1) Extension and 2) Collection at the Trot ○○ Navigating patterns and arena obstacles at the trot ○○ Halt-to-Trot and Trot-to-Halt Transitions ○○○ 1) Sitting trot without stirrups, 2) Bareback trot and 3) Posting trot without stirrups
GAITED HORSES 5 Skills	<ul style="list-style-type: none"> ○ Identifying Lateral versus Diagonal Gaits ○ Feeling Footfalls ○ Identifying Gaits: Walk, Flat Walk, Amble, Running Walk, Trot, Pace, Canter, Rack ○○ Maintaining Intermediate Gaits through 1) Headset and Collection, 2) Weight and Seat
STALL & STABLE SKILLS 19 Skills	<ul style="list-style-type: none"> ○ How to catch a horse in the field ○○○ How to 1) bathe a horse and 2) braid the mane and 3) pleat the tail ○ How to blanket a horse for the winter ○○○○ 1) Tack parts and 3) types, 3) cleaning and 4) disassembling & maintaining ○○○ Trailering horses: 1) packing, 2) loading horses, 3) hooking truck & trailer ○○○○ 1) Horse anatomy; 2) Horse conformation 3) Horse colors and 4) genetics ○○○ 1) Barn Management; 2) Diet; 3) Cost of horse ownership
GYMKHANA 13 Skills	<ul style="list-style-type: none"> ○ Barrel Racing Game Rules ○○○ Cloverleaf Pattern at 1) Walk, 2) Trot and 3) Canter ○○○ Keyhole Pattern at 1) Walk, 2) Trot and 3) Canter ○○○ Straight Barrels at 1) Walk, 2) Trot and 3) Canter ○○○ Cow Games: 1) Team Penning and 2) Team Sorting and 3) Individual Sorting
CANTER 17 Skills	<ul style="list-style-type: none"> ○ Trot-to-Canter Transitions ○○○ Maintaining speed at canter using 1) hands, 2) legs & 3) seat/weight ○○○ Steering and supporting a horse at the canter using 1) hands, 2) legs and 3) seat/weight ○○ Collection and Extension at the Canter ○○○○ 1) Identifying Lead, 2) Cueing Lead, 3) Changing Lead, 4) Flying Lead Changes ○ Navigating patterns and arena obstacles at the canter. ○ Walk-to-Canter Transitions ○○ 1) Canter without stirrups, 2) Canter Bareback
JUMPING 9 Skills	<ul style="list-style-type: none"> ○○○○ Two-Point: 1) Walk, 2) Trot, 3) Canter, 4) Without Stirrups ○ Stride Length and Speed ○○○ Jumping 1) cross rails and 2) straight rail jumps, 3) multiple jumps ○ Releasing from a jump
ADVANCED TRAIL RIDING 14 Skills	<ul style="list-style-type: none"> ○○○ 1) Riding independently on trail, 2) Leading a trail ride, 3) Separating from the group ○ Canter on Trail ○○ 1) Jumping on Trail and 2) Hunter Pacing ○ Rough Terrain ○○○ 1) Spooking Horses 2) Reluctant Horses and 3) Runaways ○ Side passes and Lateral Movements ○○○ Bareback Trail Riding at the 1) walk, 2) trot, and 3) canter

○ – Beginner	47 Skills
○ – Novice	42 Skills
○ – Advanced Novice	37 Skills
○ – Intermediate	20 Skills
○ – Advanced	7 Skills